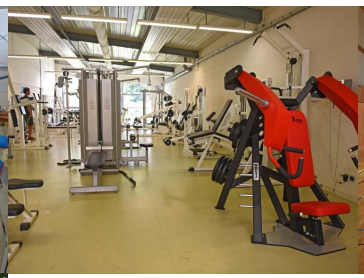
# UFR STAPS Gymnastics Centre

## In images













# Presentation of the equipment

The UFR STAPS Gymnastics Centre is located on the Mont-Saint-Aignan campus, 10 minutes from the centre of Rouen. The centre includes a gym, 2 gymnasiums (type C), 2 dance studios with wooden flooring, a dojo and a 150-capacity amphitheatre, all interconnected. The gymnastics room has 4 cameras linked to 4 screens, providing different angles of view during training in each area. Most of the gymnastics equipment is Gymnova-branded with short ropes, and there are two pieces of most items of equipment. There is one latest-generation Janssen floor. The room has lead ropes above the asymmetric bars and fixed bar, a long elasticated rope for the rings, a horizontal lead rope on the acrobatic, and a 4-piece lead rope on the large trampoline.

**Year of construction :** 2000

# Location and contact

**Address :** Boulevard Siegfried, 76130 Mont-Saint-Aignan

**Email :** Write a message

| | |
|---|---|
| Travel time from station (train) | **10min** |
| Travel time from Airport | **30min** |
| Harbor trip time (ferry) | **50min** |
| Travel time from hospital | **13min** |
| Travel time from Paris *(Porte d'Auteuil)* | **1h30min** |

# This infrastructure provides training areas for the following sports

## Olympic sports

Gymnastics artistic

Gymnastics rythmic

# Main equipment information

| | |
|---|---|
| **Typical Equipment :** | Hall gym |

| | |
|---|---|
| **Air conditionné :** | Ventilation |
| **Main pitch size / length :** | Latest-generation Janssen floor |
| **Hauteur plafond :** | 10m |
| **Surface area :** | 875m² |
| **Number of boards / meter of width :** | Gymnastics equipment (two pieces of each) with short ropes above the fixed bar, asymmetric bars and rings, including one with suspended landing pit (for asymmetric bars, fixed bar and rings). Trampoline with flus |

# Information on ancillary equipment

## 1 gym (230m²)

## 2 gymnasiums

# Cloakrooms & Sanitary

| | |
|---|---|
| **Cloakrooms :** | 2 |
| **Sanitary users :** | 2 |
| **Sanitaries for people with reduced mobility :** | 2 |
| **Changing rooms for people with reduced mobility :** | 0 |
| **Public sanitary facilities :** | 2 |

# Services

| | |
|---|---|
| **Hot and cold baths** | ✗ |
| **Hammam** | ✗ |
| **Sauna** | ✗ |
| **Cryotherapie / Ice baths** | ✓ |
| **Antidoping room** | ✗ |

| | |
|---|---|
| Physiotherapie room/Massage room | ✓ |
| Work out room | ✓ |
| Medical room / Infirmary | ✓ |
| Behind closed doors / Possible privatization | ✓ |
| Storage space | ✗ |
| Caretaking | ✓ |
| Video surveillance system | ✗ |
| Bus parks | ✓ |
| Wifi | ✓ |
| Coach office | ✓ |
| Relaxation room / Refreshment room | ✗ |
| Meeting room | ✓ |
| Dining room | ✗ |
| Catering office | ✗ |
| Press room | ✓ |

# Accommodations nearby

## Rouen tourist office

**Website :** https://www.rouentourisme.com