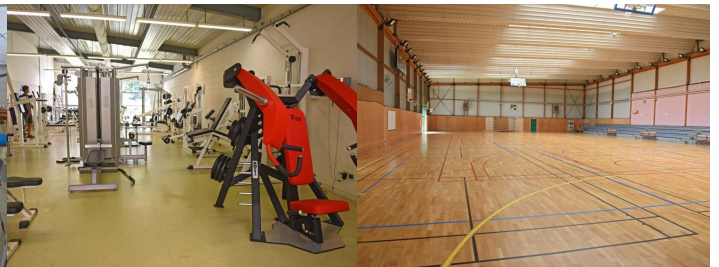


UFR STAPS Gymnastics Centre

In images



Presentation of the equipment

The UFR STAPS Gymnastics Centre is located on the Mont-Saint-Aignan campus, 10 minutes from the centre of Rouen. The centre includes a gym, 2 gymnasiums (type C), 2 dance studios with wooden flooring, a dojo and a 150-capacity amphitheatre, all interconnected. The gymnastics room has 4 cameras linked to 4 screens, providing different angles of view during training in each area. Most of the gymnastics equipment is Gymnova-branded with short ropes, and there are two pieces of most items of equipment. There is one latest-generation Janssen floor. The room has lead ropes above the asymmetric bars and fixed bar, a long elasticated rope for the rings, a horizontal lead rope on the acrobatic, and a 4-piece lead rope on the large trampoline.

Year of construction : 2000

Location and contact

Address : Boulevard Siegfried, 76130 Mont-Saint-Aignan

Email : Write a message

 Travel time from station (train)

10min

 Travel time from Airport

30min

 Harbor trip time (ferry)

50min

 Travel time from hospital

13min

 Travel time from Paris (*Porte d'Auteuil*)

1h30min

This infrastructure provides training areas for the following sports

Olympic sports



Gymnastics
artistic



Gymnastics
rhythmic

Main equipment information

➤ **Typical Equipment :**

Hall gym

<ul style="list-style-type: none"> › Air conditionné : Ventilation › Main pitch size / length : 3rd-generation Janssen floor › Hauteur plafond : 10m › Surface area : 875m² › Number of bars / number of women's areas / width : 10 bars (5 for men and 5 for women) with 10 pieces of gymnastics equipment (two pieces of each) with short ropes above the fixed bar, asymmetric bars and rings, including one with suspended landing pit (for asymmetric bars, fixed bar and rings). Trampoline with flus 	
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Information on ancillary equipment

1 gym (230m²)

2 gymnasiums

Cloakrooms & Sanitary

<ul style="list-style-type: none"> › Cloakrooms : 2 › Sanitary users : 2 › Sanitaries for people with reduced mobility : 2 › Changing rooms for people with reduced mobility : 0 › Public sanitary facilities : 2 	
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Services

<ul style="list-style-type: none"> › Hot and cold baths x › Hammam x › Sauna x › Cryotherapie / Ice baths ✓ › Antidoping room x 	
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› Physiotherapie room/Massage room	✓	
› Work out room	✓	
› Medical room / Infirmary	✓	
› Behind closed doors / Possible privatization	✓	
› Storage space	✗	
› Caretaking	✓	
› Video surveillance system	✗	
› Bus parks	✓	
› Wifi	✓	
› Coach office	✓	
› Relaxation room / Refreshment room	✗	
› Meeting room	✓	
› Dining room	✗	
› Catering office	✗	
› Press room	✓	

Accommodations nearby

Rouen tourist office	▼
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🌐 **Website :** <https://www.rouentourisme.com>