

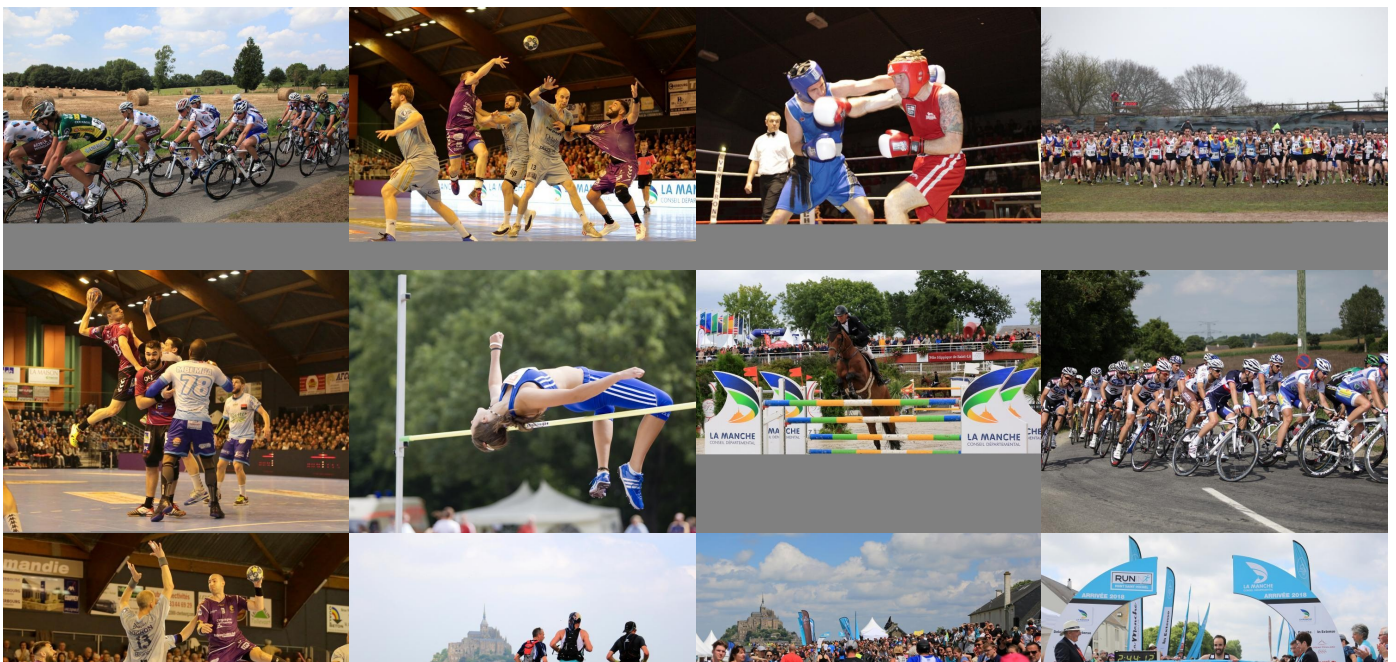
# Manche territory : a life-size playground

Life-size playground, La Manche, regularly hosts major international events: the endurance event of the 2014 World Equestrian Games in the Bay of Mont-Saint-Michel and the Horse-ball event being demonstrated in the horse club of Saint-Lô. This site is a stronghold of sports competition as attested by the 100,000 spectators welcomed each year, including more than 25,000 on the Normandy Horse Show.

The 360 kilometers of coast offer an exceptional reception area for many important events. Each year, the Channel hosts a stage of the Tour de France sailing and in 2018, the World University Championship was held for a week.

Traditionally acquired in cycling, the Channel has had the opportunity to host in 2013 a stage against the clock of the Tour de France and, in 2016, the grand start of the Tour de France has met an incredible craze and know-how. Strong place of the French Cyclo-cross, Flamanville will receive, on January 11 and 12, 2020, the championships of France having regularly hosted since 2013 the Coupe de France.

The Channel is also a land of top-level athletes with titles such as world champions in riding Eric Levallois and Reynald Angot, in kayak-polo Maxime Gohier (triple champion) and Yves-Marie Denis, Benoît Cosnefroy in cycling (champion of hopeful world in 2017) and Eric Delaunay, 7th in the last Olympic Games, world and European champion. Collectively, JS Hand Cherbourg, professional club, has federated thousands of spectators for many years and consistently





## Equipments

### Cité des Sports complex

The Cité des Sports sports complex, which opened in 2008, is less than 3 hours 30 minutes from Paris. It is a modern facility open to all users. With various rooms (3 gymnasiums, 1 gym, a boxing studio, a dojo and a dance studio) plus additional spaces (meeting room, team leader's office, storage facility, etc.), it is the ideal place for Olympic and Paralympic athletes to prepare for competition. The complex is 300 metres from the coast and less than a 15-minute walk from Granville town centre. The recently opened aquatic centre is also located at the Cité des Sports.

#### Olympic sports :

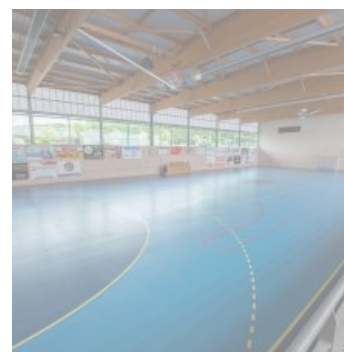


#### Paralympic Sports :



**Address :** Boulevard des Amériques, 50400 Granville

**Email :** [Write a message](#)



MANCHE -  
GRANVILLE  
**3 hr 15 min** from  
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### Julien Lebas Sports Centre

The Julien Lebas Sports Centre was extended and fully renovated in 2014. It is



The Julien Lebas Sports Centre was extended and fully renovated in 2014. It is situated close to the Pays St-Lois aquatic centre (which has a gym) and the urban park (with compact golf course), and is just a short distance from the town centre (amenities nearby). It is the ideal place for Olympic and Paralympic athletes to prepare for competition.

#### Olympic sports :



#### Paralympic Sports :



MANCHE - SAINT-LÔ  
**2 hr 50 min** from Paris

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📍 **Address :** Rue Popielujko, 50000 Saint-Lô

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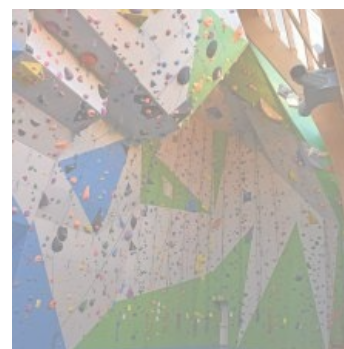
## Regional Climbing Centre

The Regional Climbing Centre in Montmartin-sur-Mer is 10 km from Coutances and 20 km from Granville. It can be reached from Paris in 3 hours 30 minutes. The centre was built in 1997 and has undergone a regular programme of expansion and improvement works, tracking developments in sport climbing. The rope climbing wall, renovated in 2013, is an outstanding, modern facility that meets current discipline standards.

#### Olympic sports :



#### Paralympic Sports :



MANCHE - MONTMARTIN SUR MER  
**3 hr 20 min** from Paris

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📍 **Address :** 5 rue du Champ Dolent, 50590 Montmartin sur Mer

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## Saint-Lô equestrian centre

The 35-hectare equestrian centre is situated in the centre of Saint Lô (Manche/Normandy). The facilities include the former Haras National (built by Napoleon I in the late 19th century), plus an indoor hall (capacity: 3,000), 8 arenas, 4 riding rings and 471 stables. The centre plays host to events for 160 days each year, including innovative events and activities to support the equestrian sector and professionals, and riding competitions. In addition to centre management activities, the centre branches out into other activities to promote its historic heritage.



MANCHE - SAINT-LÔ

### Olympic sports :



### Paralympic Sports :



📍 **Address :** rue du Maréchal Juin, 50009 Saint-Lô

✉ **Email :** [Write a message](#)



LÔ  
**2 hr 30 min** from  
Paris

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## Sartilly-Baie-Bocage sports complex

Sartilly-Baie-Bocage enjoys a prime sport in the heart of Mont-Saint-Michel Bay, half-way between Avranches and Granville, and on the border between Normandy and Brittany. The town is easy to reach from Granville train station and the nearby A84 motorway. It is also a quiet, peaceful location for athletes to train. The modern, spacious sports complex, which opened in September 2017, stands in the centre of the town and is the ideal place for Olympic and Paralympic athletes to prepare for competition.

### Olympic sports :

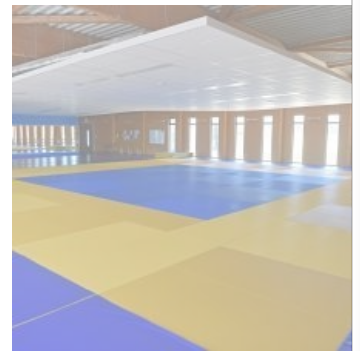


### Paralympic Sports :



📍 **Address :** Rue du Manoir, 50530 Sartilly

✉ **Email :** [Write a message](#)



MANCHE - SARTILLY  
**3 hr 15 min** from  
Paris

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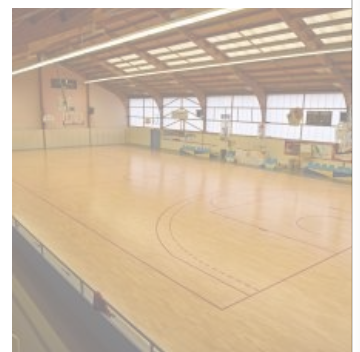
## La Charrière Sports Complex

The La Charrière Sports Complex is a modern facility open to all users. It is situated around 10 km from Cherbourg's airport, ports and train station. With various sporting facilities and adjoining spaces, it is the ideal place for Olympic and Paralympic athletes to prepare for competition. The sports complex has a perimeter fence, and security guards can easily be stationed at the access points.

### Olympic sports :



### Paralympic Sports :



MANCHE - LA  
HAGUE  
**3 hr 45 min** from  
Paris



📍 **Address :** Chemin de la Charrière – Urville Nacqueville, 50460 La Hague

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## Saint-Lô Baseball Field

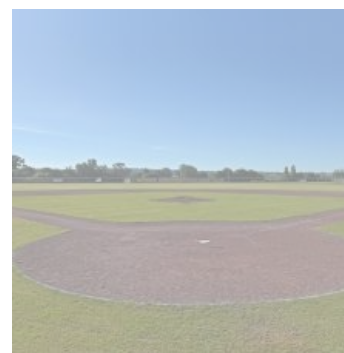
The Saint-Lo baseball field, situated at the Les Ronchettes Sports Centre, is one of the best in France. Athletes can make use of the many facilities at the nearby football training centre (dressing rooms, club house, gym, etc.). There is also an aquatic centre (with a gym) and a compact golf course nearby, making it the ideal base for Olympic preparations.

### Olympic sports :



📍 **Address :** Rue des Ronchettes, 50000 Saint-Lô

✉ **Email :** [Write a message](#)



MANCHE – SAINT-  
LÔ  
**2 hr 50 min** from  
Paris

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## Louis Villemer Stadium

The Louis Villemer stadium is a comprehensive and easily accessible facility (disabled access on the ground floor with lifts to other floors). Its various complementary facilities (club house/VIP area/kitchen/briefing room/office/infirmary) and its proximity to the aquatic centre (with a gym) and a compact golf course make it an ideal base for Olympic and Paralympic preparation. This facility has previously hosted U19 UEFA matches and charity matches and has welcomed professional teams for their preparatory training.

### Olympic sports :



### Paralympic Sports :



📍 **Address :** Rue des Ronchettes, 50000 Saint-Lô

✉ **Email :** [Write a message](#)



MANCHE – SAINT-  
LÔ  
**2 hr 50 min** from  
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## Saint-Ghislain Sports Centre



The table tennis room, built in 2015, adjoins the municipal gymnasium in the Saint-Ghislain Sports Centre (which features a boxing studio, a gym/weightlifting room, 2 gymnasiums, a football pitch, a table tennis room, etc.). The complex is situated close to the Pays St-Lois aquatic centre (which has a gym) and the urban park (with compact golf course), and is just a short distance from the town centre (amenities nearby). It is the ideal place for Olympic and Paralympic athletes to prepare for competition.

**Olympic sports :**



**Paralympic Sports :**



**Address :** 749 rue de l'Exode, 50000 Saint-Lô

**Email :** [Write a message](#)



MANCHE - SAINT-  
LÔ  
**2 hr 50 min** from  
Paris

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