

Gymnastic Complex

In images



Presentation of the equipment

A self-contained, men's and women's artistic gymnastics room (1,256 m²), opened in 2014, with Gymnova men's and women's gymnastics equipment, including a fast-track tumbling piste and landing pits beneath all items of equipment for training. The floor was upgraded in 2018. The complex has an 850-seat stand, meeting rooms, a 135 m² gym and a 140 m² motor skills room that can be accessed from the main room, plus a sauna, weight-lifting equipment and an anti-doping testing facility.

Temporary equipment can be installed on the 400 m² outdoor grass area.

Year of construction : 2014

Location and contact

Address : 38 rue Gaston Contremoulins, 76300 Sotteville-lès-Rouen

Email : Write a message

 Travel time from station (train)

15min

 Travel time from Airport

20min

 Harbor trip time (ferry)

1h

 Travel time from hospital

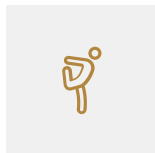
5min

 Travel time from Paris (*Porte d'Auteuil*)

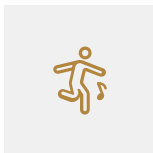
1h15min

This infrastructure provides training areas for the following sports

Olympic sports



Gymnastics
artistic



Gymnastics
rhythmic

Main equipment information

> Typical Equipment :

Gym hall

> Hauteur plafond :	10m
> Marque(s) :	Gymnova
> Surface area :	3450m ²
> Number of Men's / Number of Women's / Number of Mixed users :	500 / 500 / 500
> Brightness :	300 & 800 lux

Wittler's artistic gymnastics equipment competition-ready with FIG+ mat; Landing mats and pits under all men's and women's artistic gymnastics equipment; Frame for belt over large trampoline canvas; 12-metre tumbl

Information on ancillary equipment

1 warm-up room

1 fitness room 135m²

Cloakrooms & Sanitary

> Cloakrooms :	4
> Sanitary users :	4
> Sanitaries for people with reduced mobility :	3
> Changing rooms for people with reduced mobility :	4
> Public sanitary facilities :	10

Services

> Hot and cold baths	✗
> Hammam	✗
> Sauna	✓
> Cryotherapie / Ice baths	✗
> Antidoping room	✓

- | | |
|--|---|
| > Physiotherapie room/Massage room | ✓ |
| > Work out room | ✓ |
| > Medical room / Infirmary | ✓ |
| > Behind closed doors / Possible privatization | ✓ |
| > Storage space | ✓ |
| > Caretaking | ✓ |
| > Video surveillance system | ✓ |
| > Bus parks | ✓ |
| > Wifi | ✓ |
| > Coach office | ✓ |
| > Relaxation room / Refreshment room | ✓ |
| > Meeting room | ✓ |
| > Dining room | ✓ |
| > Catering office | ✗ |
| > Press room | ✗ |

Accommodations nearby

Rouen tourist office



 **Website :** <https://www.rouentourisme.com/>