

Gymnastic Complex

In images



Presentation of the equipment

A self-contained, men's and women's artistic gymnastics room (1,256 m²), opened in 2014, with Gymnova men's and women's gymnastics equipment, including a fast-track tumbling piste and landing pits beneath all items of equipment for training. The floor was upgraded in 2018. The complex has an 850-seat stand, meeting rooms, a 135 m² gym and a 140 m² motor skills room that can be accessed from the main room, plus a sauna, weight-lifting equipment and an anti-doping testing facility.

Temporary equipment can be installed on the 400 m² outdoor grass area.

Year of construction : 2014

Location and contact

Address : 38 rue Gaston Contremoulins, 76300 Sotteville-lès-Rouen

Email : Write a message

 Travel time from station (train)

15min

 Travel time from Airport

20min

 Harbor trip time (ferry)

1h

 Travel time from hospital

5min

 Travel time from Paris (*Porte d'Auteuil*)

1h15min

This infrastructure provides training areas for the following sports

Olympic sports



Gymnastics
artistic



Gymnastics
rhythmic

Main equipment information

➤ **Typical Equipment :**

Gym hall

- **Hauteur plafond :** 10m
- **Marque(s) :** Gymnova
- **Surface area :** 3450m²
- **Gymnova Mass Challenge Spalmeared**
wall men's artistic gymnastics equipment
competition-ready with FIG+ mat; Landing mats
and pits under all men's and women's artistic
gymnastics equipment; Frame for belt over large
trampoline canvas; 12-metre tumbl
- **Brightness :** 500-800 lux

Information on ancillary equipment

1 warm-up room

1 fitness room 135m²

Cloakrooms & Sanitary

- **Cloakrooms :** 4
- **Sanitary users :** 4
- **Sanitaries for people with reduced mobility :** 3
- **Changing rooms for people with reduced mobility :** 4
- **Public sanitary facilities :** 10

Services


› Hot and cold baths	✗
› Hammam	✗
› Sauna	✓
› Cryotherapie / Ice baths	✗
› Antidoping room	✓

› Physiotherapie room/Massage room	✓
› Work out room	✓
› Medical room / Infirmary	✓
› Behind closed doors / Possible privatization	✓
› Storage space	✓
› Caretaking	✓
› Video surveillance system	✓
› Bus parks	✓
› Wifi	✓
› Coach office	✓
› Relaxation room / Refreshment room	✓
› Meeting room	✓
› Dining room	✓
› Catering office	✗
› Press room	✗

Accommodations nearby

Rouen tourist office



 **Website :** <https://www.rouentourisme.com/>