# Fabien Canu Dojo

## In images





### Presentation of the equipment

The town of Alençon is 2 hours from Paris. The Fabien Canu Dojo has 4 Olympic-standard combat

areas, a 300-place grandstand, and adjoining spaces (club house, meeting room, gym and sauna). The layout means the facility can stage regional competitions and training sessions for all martial arts (judo, karate, aikido, self-defence, etc.).

Year of construction: 1998

#### **Location and contact**

💡 Address: Rue du Pavillon Sainte-Thérèse, 61000 Alençon

**Email:** Write a message

☐ Travel time from station (train)

Travel time from Airport

Harbor trip time (ferry)

5min 1h15min

1h20min

■ Travel time from hospital

5min

Travel time from Paris (Porte d'Auteuil)

2h10min

# This infrastructure provides training areas for the following sports

#### **Olympic sports**







Judo

Taekwondo

Wrestling

#### **Paralympic Sports**



#### **Main equipment information**

> Hauteur plafond :	6m	
> Floor type:	Tatamis	
> Time keeping and scoring system :	Yes	
> Surface area :	1600m²	
> Number of lanes / number of combatantareas width:		
> Brightness:	500 lux	

## Information on ancillary equipment

#### Gym hall

## **Cloakrooms & Sanitary**

> Cloakrooms :	3
> Sanitary users :	2
> Sanitaries for people with reduced mobility :	0
Changing rooms for people with reduced mobility:	0
> Public sanitary facilities :	2

#### **Services**

> Hot and cold baths	×
> Hammam	×
> Sauna	~
> Cryotherapie / Ice baths	×
> Antidoping room	<b>~</b>
> Physiotherapie room/Massage room	×

> Work out room	<b>~</b>
> Medical room / Infirmary	<b>~</b>
> Behind closed doors / Possible privatization	<b>~</b>
> Storage space	<b>~</b>
> Caretaking	×
> Video surveillance system	×
> Bus parks	<b>~</b>
> Wifi	×
> Coach office	<b>~</b>
> Relaxation room / Refreshment room	<b>~</b>
> Meeting room	<b>~</b>
> Dining room	×
> Catering office	×
> Press room	×

# **Accommodations nearby**

## Alençon tourist office

**Website:** http://www.visitalencon.com