

Saint-Ghislain Sports Centre

In images



Presentation of the equipment

The table tennis room, built in 2015, adjoins the municipal gymnasium in the Saint-Ghislain Sports

Centre (which features a boxing studio, a gym/weightlifting room, 2 gymnasiums, a football pitch, a table tennis room, etc.). The complex is situated close to the Pays St-Lois aquatic centre (which has a gym) and the urban park (with compact golf course), and is just a short distance from the town centre (amenities nearby). It is the ideal place for Olympic and Paralympic athletes to prepare for competition.

Year of construction : 2015

Location and contact

Address : 749 rue de l'Exode, 50000 Saint-Lô

Email : Write a message

 Travel time from station (train)


5min

 Travel time from Airport

45min

 Harbor trip time (ferry)

1h

 Travel time from hospital

5min

 Travel time from Paris (*Porte d'Auteuil*)

2h50min

This infrastructure provides training areas for the following sports

Olympic sports

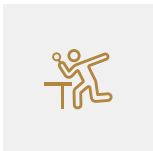


Table tennis

Paralympic Sports

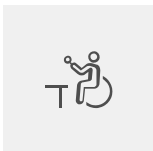


Table tennis

Main equipment information



‣ Typical Equipment :	Table tennis room
‣ Air conditionné :	No
‣ Main pitch size / lengths :	Sports area (644 m²)
‣ Hauteur plafond :	4,5m
‣ Floor type :	Taraflex
‣ Time keeping and scoring system :	No
‣ Occulation :	Yes
‣ Brightness :	800 lux

Information on ancillary equipment

Climbing wall

Gymnase 44m x 22m en Taraflex

Cloakrooms & Sanitary

‣ Cloakrooms :	4
‣ Sanitary users :	2
‣ Sanitaires for people with reduced mobility :	1
‣ Changing rooms for people with reduced mobility :	1
‣ Public sanitary facilities :	2

Services

‣ Hot and cold baths	×
‣ Hammam	×

› Sauna	×	
› Cryotherapie / Ice baths	×	
› Antidoping room	✓	
› Physiotherapie room/Massage room	✓	
› Work out room	✓	
› Medical room / Infirmary	✓	
› Behind closed doors / Possible privatization	✓	
› Storage space	✓	
› Caretaking	×	
› Video surveillance system	×	
› Bus parks	✓	
› Wifi	×	
› Coach office	✓	
› Relaxation room / Refreshment room	✓	
› Meeting room	✓	
› Dining room	×	
› Catering office	×	
› Press room	×	

Accommodations nearby

Saint-Lô Agglo tourist office



 **Website :** <http://www.ot-saintloagglo.fr>