

# Sports centre – Nautical stadium

In images



## Presentation of the equipment

Léry-Poses Leisure Park is located 1 hour from Paris and 15 minutes from Rouen. The park features a watersports arena for elite athletes, measuring 2,060 m long and 100 m wide. The complex is open to all users. Nearby (less than 1 km away), there is athlete accommodation, meeting rooms, a restaurant, and storage facilities. The arena can be accessed by water (via Lac du Mesnil) from the accommodation and restaurant. The leisure park's secluded rural setting makes it the ideal place for athletes to prepare mentally and physically. Athletes can practise both disciplines on the River Seine. The leisure park is the ideal Olympic training base, having regularly hosted the French Canoe and Kayak Sprint Championships.

**Year of construction :** 1995

## Location and contact

**Address :** Rue du Souvenir Français, 27740 Poses

**Email :** Write a message

 Travel time from station (train)

**5min**

 Travel time from Airport

**30min**

 Harbor trip time (ferry)

**1h10min**

 Travel time from hospital

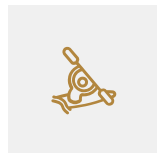
**15min**

 Travel time from Paris (*Porte d'Auteuil*)

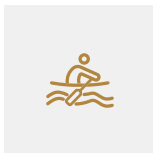
**1h10min**

## This infrastructure provides training areas for the following sports

### Olympic sports

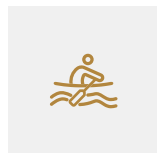


Canoe  
slalom



Rowing

### Paralympic Sports



## Main equipment information

- |   |                     |
|---|---------------------|
| › Typical Equipment :                                 | Watersports lake    |
| › Main pitch size / lengths :                         | 2000m               |
| › Profondeur moyenne :                                | 5m                  |
| › Number of lanes / number of combats areas / width : | 8 at a row / 1 lane |

## Cloakrooms & Sanitary

- |   |   |
|---|---|
| › Cloakrooms :                                      | 3 |
| › Sanitary users :                                  | 2 |
| › Sanitaires for people with reduced mobility :     | 1 |
| › Changing rooms for people with reduced mobility : | 2 |
| › Public sanitary facilities :                      | 1 |

## Services

- |                                    |   |
|------------------------------------|---|
| › Hot and cold baths               | × |
| › Hammam                           | × |
| › Sauna                            | × |
| › Cryotherapie / Ice baths         | × |
| › Antidoping room                  | ✓ |
| › Physiotherapie room/Massage room | ✓ |
| › Work out room                    | × |

- |  |   |
|--|---|
| › Medical room / Infirmary                     | ✓ |
| › Behind closed doors / Possible privatization | ✓ |
| › Storage space                                | ✓ |
| › Caretaking                                   | ✓ |
| › Video surveillance system                    | ✓ |
| › Bus parks                                    | ✓ |
| › Wifi   | ✓ |
| › Coach office                                 | ✓ |
| › Relaxation room / Refreshment room           | ✓ |
| › Meeting room                                 | ✓ |
| › Dining room                                  | ✓ |
| › Catering office                              | ✓ |
| › Press room                                   | ✓ |

## Accommodations nearby

**Base de loisirs de Léry Poses**



 **Website :** <http://www.lery-poses.fr/>