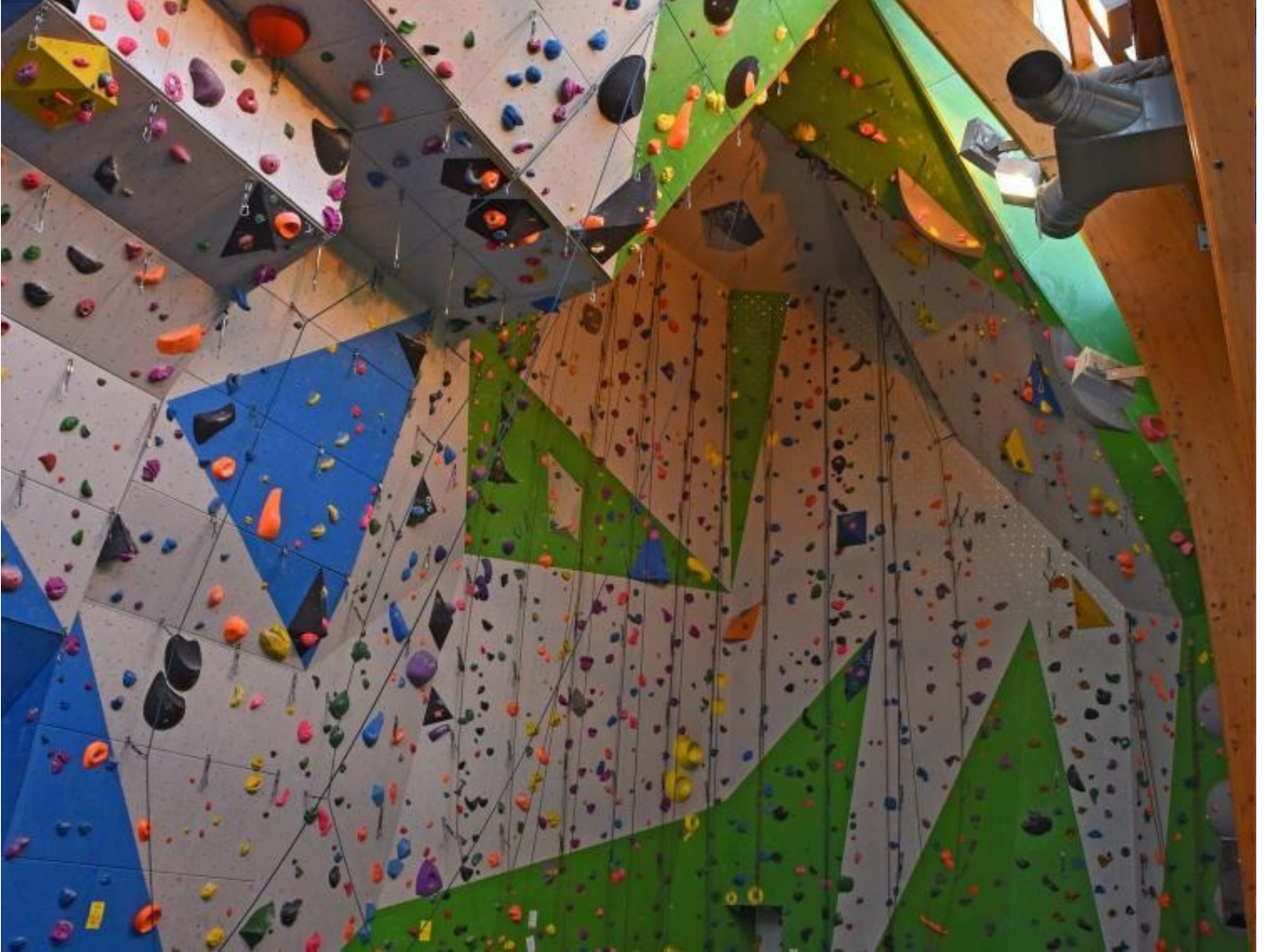


Regional Climbing Centre

In images



Presentation of the equipment

The Regional Climbing Centre in Montmartin-sur-Mer is 10 km from Coutances and 20 km from

Granville. It can be reached from Paris in 3 hours 30 minutes. The centre was built in 1997 and has undergone a regular programme of expansion and improvement works, tracking developments in sport climbing. The rope climbing wall, renovated in 2013, is an outstanding, modern facility that meets current discipline standards.

Year of construction : 1997

Last renovation : 2013

Location and contact

Address : 5 rue du Champ Dolent, 50590 Montmartin sur Mer

Email : Write a message

 Travel time from station (train)

15min

 Travel time from Airport

1h15min

 Harbor trip time (ferry)

1h30min

 Travel time from hospital

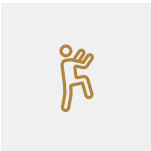
15min

 Travel time from Paris (*Porte d'Auteuil*)

3h20min

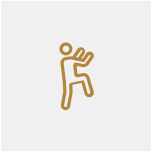
This infrastructure provides training areas for the following sports

Olympic sports



Climbing

Paralympic Sports



Climbing

Main equipment information

- | | |
|--|--|
| ‣ Typical Equipment : | Climbing walls |
| ‣ Main pitch size / lengths : | 30m |
| ‣ Hauteur plafond : | 12m |
| ‣ Number of lanes / profile present / Overhangs / width : | All overhangs, 8 profiles present. Overhang route width 7 metres. Boulder area: 4.5 metres high, 14 metres wide. |

Information on ancillary equipment

Special training area (campus board, practice beam)

Cloakrooms & Sanitary

- | | |
|--|---|
| ‣ Cloakrooms : | 2 |
| ‣ Sanitary users : | 2 |
| ‣ Sanitaries for people with reduced mobility : | 0 |
| ‣ Changing rooms for people with reduced mobility : | 0 |
| ‣ Public sanitary facilities : | 0 |

Services

- | | |
|---|---|
| ‣ Hot and cold baths | × |
| ‣ Hammam | × |
| ‣ Sauna | × |
| ‣ Cryotherapie / Ice baths | × |
| ‣ Antidoping room | ✓ |
| ‣ Physiotherapie room/Massage room | × |
| ‣ Work out room | × |

› Medical room / Infirmary	✕	
› Behind closed doors / Possible privatization	✕	
› Storage space	✓	
› Caretaking	✕	
› Video surveillance system	✕	
› Bus parks	✓	
› Wifi	✓	
› Coach office	✓	
› Relaxation room / Refreshment room	✕	
› Meeting room	✓	
› Dining room	✓	
› Catering office	✕	
› Press room	✕	

Accommodations nearby

Coutances tourist office	▼
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🌐 **Website :** <https://www.tourisme-coutances.fr/>