

# Boxing centre Declais-Trioulaire

## In images



## Presentation of the equipment

Inaugurated in 2009, the Declais-Trioulaire boxing room has an ideal location since it is both 10

minutes from the gymnasium La Cerisaie, the aquatic center but is also located on the edge of the national forest of Elbeuf-sur-Seine. This 450 m² boxing gym has 2 large locker rooms, a 9 m² office and a 60 m² mezzanine. It also has all the necessary equipment for boxer training: speed bags, punch bags, fixed or adjustable speed platforms and two rings with floor.

**Year of construction :** 2009

## Location and contact

**Address :** 22 Cours Gambetta, 76500 Elbeuf-sur-Seine

**Email :** Write a message

 Travel time from station (train)

**7min**

 Travel time from Airport

**35min**

 Harbor trip time (ferry)

**1h**

 Travel time from hospital

**12min**

 Travel time from Paris (*Porte d'Auteuil*)

**1h20min**

## This infrastructure provides training areas for the following sports

### Olympic sports



Boxing

## Main equipment information

|                              |             |
|------------------------------|-------------|
| › <b>Typical Equipment :</b> | Boxing hall |
| › <b>Air conditionné :</b>   | no          |
| › <b>Hauteur plafond :</b>   | 7           |
| › <b>Floor type :</b>        | Taraflex    |
| › <b>Occulation :</b>        | no          |
| › <b>Surface area :</b>      | 450m²       |

|  |         |
|--|---------|
| > Number of lanes / number of combat areas / rings width : |         |
| > Brightness :   | 500 lux |

## Information on ancillary equipment

Mezzanine 60m²

## Cloakrooms & Sanitary

|   |   |
|---|---|
| > Cloakrooms :                                      | 2 |
| > Sanitary users :                                  | 4 |
| > Sanitaires for people with reduced mobility :     | 2 |
| > Changing rooms for people with reduced mobility : | 2 |
| > Public sanitary facilities :                      | 2 |

## Services

|  |   |
|--|---|
| > Hot and cold baths                           | × |
| > Hammam                                       | × |
| > Sauna  | × |
| > Cryotherapie / Ice baths                     | × |
| > Antidoping room                              | ✓ |
| > Physiotherapie room/Massage room             | × |
| > Work out room                                | × |
| > Medical room / Infirmary                     | × |
| > Behind closed doors / Possible privatization | ✓ |
| > Storage space                                | ✓ |

|                                      |   |  |
|--------------------------------------|---|--|
| › Caretaking                         | ✓ |  |
| › Video surveillance system          | ✗ |  |
| › Bus parks                          | ✓ |  |
| › Wifi                               | ✓ |  |
| › Coach office                       | ✓ |  |
| › Relaxation room / Refreshment room | ✗ |  |
| › Meeting room                       | ✗ |  |
| › Dining room                        | ✗ |  |
| › Catering office                    | ✗ |  |
| › Press room                         | ✗ |  |

## Accommodations nearby

|   |   |
|---|---|
| <b>Elbeuf tourist office</b>  | ▼ |
|  <b>Website :</b> <a href="https://www.france-voyage.com/villes-villages/elbeuf-30223/office-tourisme-elbeuf-30223/">https://www.france-voyage.com/villes-villages/elbeuf-30223/office-tourisme-elbeuf-30223/</a> |   |
| <b>Rouen tourist office</b>   | ▼ |
|  <b>Website :</b> <a href="https://en.rouentourisme.com/rouen-normandy-tourism-convention-office/">https://en.rouentourisme.com/rouen-normandy-tourism-convention-office/</a>                                     |   |